

The Writer's Notebook

Ralph Fletcher

"Writing in a notebook is a way to fuel up. Supreme superior unleaded. And it's free."

Naomi Shihab Nye

Breathing In:

- 1) What moves you?
- 2) What do you wonder about?
- 3) What do you notice?
- 4) Seed ideas or "triggers"
- 5) Small details
- 6) Snatches of talk
- 7) Memories
- 8) Lists & artifacts
- 9) Writing that inspires

Breathing Out:

- 1) Rereading: digging out the crystals
- 2) Experiment and wordplay:
 "Writing off a text", for example
- 3) Trying out a set piece
- 4) A place to write badly
- 5) Writing that scrapes the heart
- 6) Writing about writing

A Writer's Notebook: Unlocking the Writer Within You (HarperCollins)
Breathing In, Breathing Out: Keeping a Writer's Notebook (Heinemann)